OSU EXTENSION SERVICE

Native Plants

Creating Habitat for Birds and Pollinators

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What is a Native Plant?

- Plants that occur naturally in a region in which they evolved.
- Native plants have formed symbiotic relationships with native wildlife over thousands of years

• Vital to preserving biodiversity.



Advantages of Native Plants

- Grow under a wide variety of conditions.
- Many are drought tolerant.
- All are adapted to local garden soils in places of origin.



Native Plants and Habitat



- Specialized relationships are the rule in nature.
- The most important specialized relationships are among insects and plants.
- Vital to ecosystem functioning and local carrying capacity.

Native Plants and Habitat

- Carrying capacity is the ability of a place to support a species.
- The type of plants determine the habitat's abundance and diversity of animals.
- Why have specialized relationships developed?



Specialized Relationships



• Plants have toxins in their leaves

- Milkweeds use toxic cardiac glycosides to protect their leaves
- Monarchs have developed the enzymes to make cardiac glycosides less toxic

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Specialized Relationships



- The ability to detoxify cardiac glycosides does not confer the ability to detoxify other toxins.
- The monarch butterfly has a specialized relationship with milkweed.
- Loss of milkweed habitat has resulted in a 96% reduction of monarch populations.

Specialized Relationships

• Can monarch butterflies adapt to other plant species?

- Not within the decades that destruction of milkweed habitat has occurred.
- Asking the monarch butterfly to evolve from their specialized relationship with milkweed is like asking humans to develop wings.

Specialized relationships

- Monarchs are not exceptions
- 90% of insects that eat plants are specialized.
- As we replace native plant communities with lawns and ornamentals insects that depend on native plants decline.

Native Plants and Habitat

- Caterpillars are seriously diminished when introduced plants replace native plants.
- Yards dominated by introduced plants produce 75% less caterpillar biomass and are 60% less likely to have breeding chickadees.



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Importance of Insects

• Insects pollinate 88% of plants.

- Insects are the primary means by which the food in plants is delivered to animals.
- Insects rapidly decompose dead plants.



Native Plants and Habitat

- To sustain insects and other animals we need the plants that support them.
- Determining which insects have the greatest impact on local food webs determines which plants we need most.
- Caterpillars are more nutritious than than most insects; are high in protein and fats and are the best source of carotenoids for birds.

Carotenoids

- Essential component of a healthy bird diet.
- Stimulate immune systems, improve color vision and sperm vitality, and are antioxidants.
- Major component of feather pigments.



Caterpillars

- Transfer more energy from plants than any other plant eaters.
- 97% of bird species feed their young caterpillars.
- One clutch requires 6,000 to 9,000 caterpillars.



Native Plants and Habitat

- Native plants are far superior in their ability to sustain caterpillars but vary in their ability.
- Keystone Plant: Native plants that contribute more than most others to food webs.
- A landscape without keystone genera will support 70 to 75% fewer caterpillar species even if the landscapes contains 95% native plants.

Keystone Plants

- Keystone plants are essential. 14% of native plants make 90% of food for caterpillars.
- Keystone plants differ by region of the country.
- Two types of keystone plants.
 - Host plants that feed 90% of butterflies and moths
 - Plants that feed specialist bees

Native Plants and Habitat



- Oregon has 600-800 species of native bees.
- 25% of Oregon native bees are host-plant specialists.
- Meet the needs of specialist bees and the generalists will follow.

Native Plants and Habitat

- Plant keystone species with bloom period that starts in February and ends in October.
- Plant in clusters.



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Keystone Plants by Ecoregion



- Entomologist Dr. Doug Tallamy and research team identified keystone plants that support butterfly and moth species.
- Native host plants of pollinator specialized bees were researched by pollinator conservationist Jarrod Fowler.

Keystone Plants Ecoregion 6

Plant Type	Plant Genus	Sample of Common Species (not all encompassing)	# Caterpillar Species that Use this as a Host Plant	# of Pollen Specialist Bee species that Rely on this Plant
Trees	Prunus	Oregon cherry (Prunus emarginata), Chokecherry (Prunus virginiana)	206 😿	
	Populus	American aspen (Populus tremuloides), balsam poplar (Populus balsamifera)	197 😽	
	Betula	Water birch (Betula occidentalis), Resin birch (Betula glandulosa)	177 😿	
	Quercus	Red oak (Quercus rubra), Deer oak (Quercus sadleriana)	169 😿	
	Alnus	Grey alder (Alnus incana), Sitka alder (Alnus sinuata)	166 😿	
	Pinus	Lodgepole pine (Pinus contorta), Ponderosa pine (Pinus ponderosa)	165 😿	
	Malus	Oregon crabapple <i>(Malus fusca)</i>	139 😿	
	Acer	Bigleaf maple (Acer macrophyllum), Rocky Mountain maple (Acer glabrum)	107 😿	

Keystone Plants Ecoregion 6

Plant Type	Plant Genus	Sample of Common Species (not all encompassing)	# Caterpillar Species that Use this as a Host Plant	# of Pollen Specialist Bee species that Rely on this Plant
Shrubs	Salix	Shining willow (Salix lasiandra), Scouler's Willow (Salix scouleriana)	256	26
	Vaccinium	Dwarf bilberry (Vaccinium caespitosum), Black huckleberry (Vaccinium membranaceum)	111 😿	
	Chrysothamnus	Yellow rabbitbrush (Chrysothamnus viscidiflorus)	21 😿	78
	Ericameria	Rubber rabbitbrush (Ericameria nauseosa)		73

Keystone Plants Ecoregion 6

Plant Type	Plant Genus	Sample of Common Species (not all encompassing)	# Caterpillar Species that Use this as a Host Plant	# of Pollen Specialist Bee species that Rely on this Plant
Flowering Perennials	Solidago	Western goldenrod (S <i>olidago lepida),</i> Rocky Mountain goldenrod (S <i>olidago multiradiata)</i>	52	48
	Helianthus	Common sunflower (Helianthus annuus), Prairie sunflower (Helianthus petiolaris)	39	81
	Grindelia	Idaho gumplant (Grindelia nana), Curlycup gumweed (Grindelia squarrosa)	8 😿	75
	Gutierrezia	Broom snakeweed (Gutierrezia sarothrae)		72
	Heterotheca	Hairy false goldenaster (Heterotheca villosa)	8 😿	56
	Erigeron	Cutleaf daisy (Erigeron compositus), Shortray fleabane (Erigeron lonchophyllus)	14 😿	38
	Symphyotrichum	Western aster (Symphyotrichum ascendens), Eaton's aster (Symphyotrichum eatonii)	2	31
	Senecio	Drawf mountain ragwort (Senecio fremontii), Arrow leaf ragwort (Senecio triangularis)	22	29

Native Plants for Bees

- A recent OSU study monitored bees on 23 wildflowers.
- 10 plants identified that attracted an abundance and diversity of native bees and have unique associations with native bees.
- All plants grow well in full sun and are drought tolerant.

Native Plants for Bees



Number of estimated bee species supported, based on three years of bee collections.

- The abundance of bees on lavender is comparable to natives but diversity is lacking.
- Most of the bees on lavender are non-native honey bees and common yellow-faced bumble bees.

Native Plants and Habitat

- Plant native plants rather than cultivars and hybrids.
- Cultivars are identified by a cultivar name that follows the genus and the species, e.g., *Eschscholzia californica* 'Moonshine'
- Hybrids are identified with an x between the genus and species name, e.g., *Lavandula x intermedia*

Native Plants and Habitat

- Native bees in particular are attracted to larger blocks of flowers.
- Benefits of larger blocks are particularly pronounced for smaller bees which have 150' – 300' foraging ranges from their nest.
- Shrubs and trees are able to pack a lot of flowers in a small area.

Spring Blooming Keystone Plants



- Big Leaf Maple
- Vine Maple
- Oregon Cherry
- Crabapple
- Willow
- Cascara
- Evergreen Huckleberry
- Red Flowering Currant
- Tall Oregon Grape
- Oregon Sunshine

Summer Blooming Keystone Plants



- Varileaf Phacelia
- Showy Milkweed
- Globe Gilia
- California Poppy
- Sunflower
- Farewell to Spring
- Rose Checkermallow
- Summer Lupine

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Fall Blooming Keystone Plants



Douglas' aster Symphotrichum subspicatum Abundance 100% | Diversity 100%

- Rabbitbrush
- Common Madea
- Canada Goldenrod
- Common Yarrow
- Douglas Aster

The Mighty Oak



- Studies show that the genus Quercus hosts more caterpillars and insect life than any other genus in the Northern hemisphere.
- 2 species are native to the Willamette Valley – the Oregon white oak and the California black oak.

The Mighty Oak

- More than 200 native wildlife species are dependent on the Oregon white oak.
- An insect survey at a single site in Lane County found 35 species of moths and butterflies using the foliage of the Oregon white oak.



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The Mighty Oak

- It is estimated that more than 500,000 acres of oak savanna covered the PNW in the early 1850's
- Less than 1% of the presettlement acreage remains.



Adding Native Plants

- Identify area to replant (start with a small manageable area)
- Cover with black plastic, plywood in early Spring.
- Take up covering in the fall, skim the surface to remove dead grass.
- Dig up the roots of invasives.
- Break up clumps of dirt.
- Plant perennials in the fall.
- Mulch with compost, leaves or wood chips.
- Use drip irrigation until established.

Adding Native Plants





Adding Native Plants





Removing Blackberries in Large Areas

- Hire it out
- Jeff Jones of Habitat Contracting LLC through a grant (SBNA)
- Mowed and brush cut in the Spring, sprayed with Vastlan in the Fall
- Vastlan used for habitat restoration in riparian areas.



Diversify the Forest

- For large acreage consult with Lane County OSU Forestry and Natural Resources Program
- Thin the forest.
- Clear trees shading madrones and Oregon maples to give them more sun.



- Best experience with planting acorns.
- Mast years occur approximately every 3 years.
- Acorns typically produced in the fall.
- Test viability using the float test.
- Remove the caps.
- Viable acorns sink.

- Plant acorn on its side
- Water if not raining
- Oaks start with a deep tap root, top emerges in Spring
- Place wire cages around them as soon as the top emerges







- If you want to transplant include as much of the taproot as possible
- Dig deep for the taproot
- Transplant when 12"-18" tall
- Difficult to transplant when bigger as the tap root is often damaged.
- Transplant when the tree is dormant



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Pollinator Garden Design

Native plant garden spring through autumn, west of the cascades



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What questions do you have?

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